# **ACIDOPHILUS**

- An intestinal cleanser
- Helps prevent fungus, diverticulosis, acne, and bad breath
  Helps in the absorption of calcium, other minerals.

# **B-SITOSTEROL**

- Derived from many plants and cereal grasses Commonly found in rye germ oil Emulsifies fats

- More potent than choline for breaking down cholesterol deposits

### BEE POLLEN

- Considered by many to be "the world's perfect food" Contains over 18 Amino Acids
- High in vitamins
- High in minerals

- High in enzymes and co-enzymes
  Increases muscular vigor
  Increases energy and stamina
  Used it in the treatment of hay fever

### BEE PROPOLIS

- Waxy substance collected by honey bees which contains phytotonizides. Phytotnzides •
- Believed to contain immunity factors
  Stimulates the body
  A natural antibiotic

# **BIOFLAVONOIDS**

## **BIOFLAVONOIDS - HESPERIDIN - RUTIN - QUERCETIN**

### Beneficial Properties:

- Vital in their ability to increase the strength of the capillaries (blood vessels)
- Regulates capillary permeability
- Assist Vitamin C in keeping collagen condition
- Essential for proper absorption of vitamin C
- Prevents Vitamin C from being destroyed by oxidation
- Beneficial in hypertension
- Helps hemorrhages and ruptures in the capillaries, connective tissues
- Builds a protective barrier against infections

Quercetin is a highly concentrated form of bioflavonoids. It is derived from citrus fruit

# **Deficiency Indicators**

- May result in varicose veins
- Tendency to bruise and bleed easily
- Appearance of purplish spots on the skin

**ACIDOPHILUS** 

**BEE POLLEN** 

**BEE PROPOLIS** 

**B-SITOSTEROL** 

**GRAPE SEED EXTRACT** 

**L-CARNITINE** 

**LECITHIN** 

**OCTACOSANOL** 

PHOSPHATIDYL CHOLINE

RNA & DNA

**ROYAL JELLY** 

### **GRAPE SEED EXTRACT**

- Similar to pine bark extract as it contains a unique type of bioflavonoids called Similar to pine bark extract as it contains a proanthocyanidins
  Synergistic with vitamin C
  Enhances the activity of Vitamin C
  May strengthen cell membranes
  Protects the cells from oxidative damage

### L-CARNITINE

- May improve fat metabolism in the heart, other organs and tissues Reduces Triglyceride and cholesterol levels
- Improves heart muscle tolerance
- Prevents irregular heartbeat and angina
- Provides more energy for the heart Helps lower blood pressure

### **LECITHIN**

- **Contains Choline**
- **Contains Inositol**
- Essential for the breakdown of fats and cholesterol Helps prevent arterial congestion Helps distribute body weight Increases immunity to virus infections Cleans the liver

- Purifies the kidneys